

# Leadership Offsite at JK7® Spa & Wellness Retreat

Set in the rolling hills of Carinthia, at the Alpine foothills, SOHO is a secluded private estate reserved for one group at a time—absolute privacy by design. Four spacious suites are anchored by a central living and working salon, creating a natural rhythm between collective work and quiet reflection. For individual retreat, doors open to dedicated yoga/meditation rooms, tranquil spa areas (indoor pool, herbal steam sauna, natural swimming pond), and paths that lead directly into nature. Terraces and gardens extend meetings outdoors; the gentle landscape slows the pace without dulling the mind. Service is attentive yet unobtrusive, allowing conversations to flow, thinking to widen, and teams to leave with energy restored and direction set.

**Overnight rate for up to 2-4 guests 7,200 Euro (tax included)**

**Overnight rate for up to 5-8 guests 9,240 Euro (tax included)**

## Packages

A discreet, purpose-built setting for small leadership teams (2–8 overnight guests) to step out of the everyday and into focused, outcome-driven work. Programs are structured to balance intensity and integration. A local chef is on hand to provide healthy, plant-based dishes. There are also wellness facilities available for quick breaks between activities. The result is a confidential environment where trust can deepen, priorities can sharpen, and decisions can travel home with clear ownership.

### A) SOHO Leadership Offsite – 2.5 days (2 nights)

- Day 1: Arrival and concise kick-off (60–90 min), dinner
- Day 2: Three focused work blocks plus decision block; restorative breaks outdoors
- Day 3 (until 13:00): 30/60/90-day plan and check-out

### B) SOHO Leadership Offsite + Spa Day – 3.5 days (3 nights)

- Day 1: Arrival and concise kick-off (60–90 min), dinner
- Day 2: Three focused work blocks plus decision block; restorative breaks outdoors
- Day 3: Regeneration & integration (e.g., spa rituals, quiet walks, journaling)
- 18:00 – 19:30: Structured review & commitments (after results from Day 2 have settled)
- Day 4: Breakfast and unhurried departure

## Included service

Enjoy an exclusive, all-encompassing experience at the JK7® SPA & WELLNESS RETREAT with the following services included in your stay:

## Exclusive Property Access

Full private use of the property and its facilities:

- Indoor pool
- Outdoor natural swimming pond
- Herbal steam sauna
- Fully equipped fitness center
- Yoga & meditation room
- State-of-the-art kitchen

## Comfort & Convenience

- Daily housekeeping service
- Evening turndown service

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- Laundry service (excluding dry cleaning)
- Complimentary Wi-Fi
- Parking and utilities (e.g. e-charge station)
- Full concierge service for all your needs
- Shuttle Service from/to the airport or train station (St. Paul, Klagenfurt and Graz)

## Private Chef & Nutrition

- Breakfast, lunch, and dinner prepared by your private chef on-site
- Organic, plant- based cuisine, vegan or vegetarian, seasonal & customizable
- Healthy snacks and non-alcoholic beverages available throughout your stay
- A natural JK7® Vitamin Bar for vitality and energy

## Additional Experiences Available

Elevate your retreat with customized services designed to enhance wellbeing, connection, and nature immersion:

- Customized spa treatments – facials, body treatments & massages
- Full access to the JK7® Natural Skincare line and rituals
- Personalized fitness training sessions
- Personalized yoga and stretching sessions
- Meditation coaching for deep relaxation and clarity
- Guided horseback trail rides through surrounding nature

## Pricing for additional experience (Price per Person)

Customized packages must be booked at least 10 days before arrival and are charged at the end of your stay.

## NATURAL FACIAL MENU

### JK7® Purification Facial – 250 Euro

Highly active and pH balancing, this facial deeply cleanses and renews the skin, while lymphatic drainage further aids the body's natural ability to eliminate toxins.

(60 Minutes)

### JK7® Natural Lifting Facial – 360 Euro

Facial muscles are stimulated and toned, using an advanced massage technique, that when combined with the regenerative effects of the high-performance of JK7® skin care, provided an effective anti-aging result.

(75 Minutes)

## NATURAL BODY TREATMENT MENU

Revitalise • Recharge • Rejuvenate // Personalised to individual needs

Highly effective body massages that employ specialised techniques inspired by the islands of Hawaii to increase energy levels, relax muscles and improve blood circulation. You will feel vibrant, revitalized, rejuvenated and deeply balanced!

### JK7® Signature Body Treatment – 320 Euro

Indulge in a gentle yet effective exfoliation from head to toe, unveiling fresh, radiant skin that is primed for nourishment. This exquisite treatment is followed by the application of a luxurious JK7® body mask and moisturizer, enveloping your skin in hydration and revitalization. Experience the transformation as your body is treated to the ultimate care and rejuvenation.

(90 Minutes)

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## **JK7® Signature Massage – 300 Euro**

Experience the rejuvenating balance of our full-body massage, designed to invigorate and energize while simultaneously calming your mind and body. This restorative journey concludes with a lifting JK7® mini facial massage, leaving you balanced and harmonized throughout your entire being.

(90 Minutes)

## **JK7® Full Body Works – 300 Euro**

Immerse yourself in a truly personalized experience with our fully customized body massage treatment, tailored to address your specific needs in the moment. Blending Eastern and Western techniques, this harmonious approach feels like a beautiful dance, guiding your body back to a state of balance and complete relaxation. Allow us to help you discover your ultimate sense of ease and well-being.

(90 Minutes)

## **JK7® Aromatherapy Massage – 300 Euro**

As the aromatic scents envelop you, our expert massage techniques will work in harmony to release tension and allow deep relaxation from head to toe. This transformative treatment is perfect for those who desire to unwind on a deeper level, re-establishing balance and harmony within both body and mind. Experience the holistic healing power of aromatherapy and emerge revitalized and renewed.

(90 Minutes)

## **Traditional Hawaiian Lomi Lomi – 450 Euro**

Deeply relaxing massage art from Hawaii for the activation of life energy, muscle relaxation, and the promotion of blood circulation.

(120 Minutes)

## **FITNESS AND MEDITATION MENU**

### **Personalized fitness training sessions**

180 Euro per hour / Bookable between 08:00 – 20:00

### **Meditation coaching for deep relaxation and clarity**

180 Euro per hour / Bookable between 08:00 - 20:00

**Guided nature walks and hikes across 34 hectares of private land upon request**

**Guided horseback trail rides through surrounding nature upon request**

**Excursions to local cultural and natural destinations upon request.**

## **Arriving**

Address: JK7 Spa & Wellness Retreat, Jellenkogel 4, 9112 Griffen, Austria.

## **BY AIR:**

- Klagenfurt Airport (30 km)\*
- Graz Airport (60 km)\*
- Vienna Airport (200 km): We recommend taking the train from Vienna to St. Paul to enjoy the scenic landscape.

## **BY TRAIN:**

- St. Paul im Lavanttal\*
- Klagenfurt\*
- Graz\*

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\*Shuttle available upon request. Please inform us at least one week in advance.

## **BY CAR:**

Directions: If you are driving, please note that the last 1000 meters of the road to the retreat are a gravel trail (Schotterstraße).

Parking: Onsite parking is available. Please pre-book the garage in advance so we can reserve a spot for you.

## **Reservation and payment conditions**

See the current terms and conditions: <https://www.jk7spawellness.com/terms-conditions/>